## SUMMER BREAK PRACTICE CLASS



Don't miss this great opportunity to get some practice in over the break

Monday 14<sup>th</sup> January 2019 12.30pm for Tai Chi and Qigong 2.30pm for Afternoon Tea

All Nations Park, end Whalley Street,
Northcote

IF IT IS RAINING (ie. POURING) or THE TEMPERATURE IS HIGHER THAN 40°C, PLEASE DO NOT COME.



## **Directions**

Please drive down Separation St., turn left at Whalley St and we will be at the end of the street in the park.

## **Parking**

There is plenty of parking in Walley Street.

## **Public Transport**

If you are travelling by public transport you can get a Number 86 tram down High Street or a 552 or 408 Bus.

Make sure you bring a hat, sunscreen & your sword. If you would like to bring a folding chair, something to eat and drink that would be great, but only if you can.

Any problems or questions, please ring Tara – 0407 941 101